

11th 10 - Leominster (Arrow)

23rd July 2009

Team	Position	Name	Actual Time	Average Speed
Hfd Wheelers	1	Ian Rivers	00:22:29	26.69
Hfd Wheelers	2	Jon Tetley	00:23:13	25.84
Hfd Wheelers	3	Alex Haines	00:23:36	25.42
Hfd Wheelers	4	Andy Sparks	00:23:51	25.16
Climb on Bikes	5	Richard Lambert	00:23:59	25.02
Hfd Tri Club	6	Dave Taylor	00:24:08	24.86
Hfd Tri Club	7	Anthony Waddington	00:24:09	24.84
Hfd Wheelers	8	Chris Hughes	00:24:12	24.79
Climb on Bikes	9	James Walker	00:24:50	24.16
Hfd Wheelers	10	Simon Geary	00:24:52	24.13
Hfd Wheelers	11	Ian Peake	00:25:00	24.00
Hfd Wheelers	12	Guy Evans	00:25:01	23.98
Climb on Bikes	13	Luke Bradford	00:25:14	23.78
Hfd Wheelers	14	Richard George	00:25:34	23.47
Hfd Tri Club	15	Colin Kerfoot	00:25:36	23.44
Hfd Tri Club	16	Brian Turner	00:25:42	23.35
Hfd Wheelers	17	Stuart Austin	00:25:54	23.17
Hfd Tri Club	18	Chris Payne	00:26:02	23.05
Hfd Wheelers	19	Jim Dicken	00:26:52	22.33
Hfd Wheelers	20	Gaby McDermott	00:27:12	22.06
Hfd Wheelers	21	Sarah Lloyd-Stephens	00:27:27	21.86
Hfd Tri Club	22	Nicola Goodwin	00:27:53	21.52
Hfd Tri Club	23	Tricia Wright	00:27:57	21.47
Climb on Bikes	24	Elliot Taylor	00:28:09	21.31
Hfd Wheelers	25	John Lowe	00:28:29	21.06
Hfd Wheelers	26	Kathryn King	00:28:31	21.04
Hfd Wheelers	27	Steven Fortey	00:28:48	20.83
Hfd Tri Club	28	Claire Hebblethwaite	00:29:34	20.29
Hfd Wheelers	29	Kate Hunt	00:30:10	19.89
Hfd Wheelers	30	Debbie Clark	00:30:18	19.80
Hfd Wheelers	31	Huw Powell	00:31:08	19.27
Hfd Wheelers	32	Dennis Holmes	00:31:28	19.07
Hfd Wheelers	33	Mike Phillips	00:32:12	18.63
Hfd Wheelers	34	James Bevis	00:32:25	18.51
Hfd Wheelers	35	Keith Jones	00:32:49	18.28
Hfd Wheelers	36	David Potter	00:33:26	17.95
Hfd Tri Club	37	Wendy Howells	00:34:49	17.23
Hfd Tri Club		Graeme Thomas	DNF	